## 2024 Blue Sharks Swim Team

Coming off an amazing 2023 season, the Blue Sharks are coming back to celebrate their 16<sup>th</sup> Season in the Penn- Jersey Swim League. Last year was filled with impressive swims and a lot of FUN!

The Blue Sharks is a summer swim team for boys and girls ages 5-18 who are interested in competitive swimming. Swimmers will receive group instruction on the four racing strokes (freestyle, backstroke, breaststroke and butterfly), starts and turns, and look to increase their swim training.

We will focus all season towards training with a continued emphasis on skill development, team-building, problem-solving, and other values that will have a positive impact on the swimmer's development.

Practices will be held in the inside pool five mornings a week for all ability groups. All swim meets will be held on Tuesday and Thursday evenings, in case of inclement weather, meets will be rescheduled. There will be weekly Dual Meets, an Invitational Meet and a Championship Meet (for those who qualify). Swimmers are required to attend half of the Dual Meets AND compete with a qualifying time to participate in Championships. Swimmers will also have the opportunity to attend Invitational Meets held in our area. Our season will officially kick off on June 10th, 2024 and will run until July 27, 2024.

The Bethlehem Township Summer Swim Team will provide a fun and challenging opportunity for swimmers to learn new skills, compete in meets, stay in great physical condition, and strengthen friendships between other teammates. So, grab your stopwatch, lather on the sunscreen and join us poolside for a summer swim season full of fun!

Please email or call Zach for more Swim Team info - <u>zdoll@bethlehemtwp.com</u> / 610-332-1528. For registration please call the front desk at 610-332-1900.

## **Practice Times:**

GOLD (11 years - 18 years of age) 7:45am-9:15am Indoor pool

SILVER (9 years - 10 years of age) 9:15am - 10:15am Indoor Pool

BRONZE (5 years - 8 years of age) 10:15am - 11:00am Indoor Pool



In order to participate, all Swimmers must be able to swim 25 yards without touching the bottom of the pool or advancing themselves using the wall or lane line.

\*\*\*In order to run meets smoothly and successfully, we are requiring mandatory Parent/guardian Volunteering. Whether it is a home or an away meet, we need volunteers to be Timers, Runners, Stroke and Turn Judges, and help with other logistical tasks. More info on this will be announced before the start of the season.

\$147.00 all members and residents

\$247.00 non-members and non-residents