

BTCC Swimming LESSONS

July Sessions

Session I: Monday, July 6th - Friday, July 10th
Session II: Monday, July 13th - Friday, July 17th
Session III: Monday, July 20th - Friday, July 24th
Member - \$50 per session
Non Member - \$75 per session

Preschool Classes

3-4 years old

Combined Starfish/Hermit Crab: 8:30am-9:00am - Monday-Friday - Outdoor Pool

A first time group experience without parents. This class works towards basic skills including body positions, blowing bubbles, floating, kicking, jumping and water safety. Children will continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain proficiency for future strokes. Children should be able to put their face in the water comfortably for 3 seconds and front and back float for 3-5 seconds.

Learn to Swim Classes

5-13 years old

Sea Turtles: 9:00am-9:30am - Monday-Friday - Outdoor Pool

Front and back stroke techniques are introduced with the main focus on getting the child more comfortable with the water.

Manta Rays: 9:30am-10:00am - Monday-Friday - Outdoor Pool

Children will work towards independent performance of the basic skills: bobs, floats without support and recovering to a vertical position. Children must be able to put their face in the water for 3 seconds and front and back float for 3-5 seconds.

Swordfish: 10:00am-10:30am - Monday-Friday - Outdoor Pool

Children are taught to survival float, swim the front crawl and back stroke. Children must be able to swim independently on front and back for 5 yards and be comfortable in deep water.

Private Swim Lessons

Monday-Friday - Indoor/Outdoor Pool - 30 minute lesson

Private Swim Lessons can be scheduled with the aquatics department: 610-332-1842

Member: \$120 per session

Non Member: \$150 per session

Bethlehem Township Community Center

610-332-1900

www.bethlehemtownship.org/btcc

